

**The Doctor has recommended that you have a
Helicobacter Breath Test**

Which will confirm if you have an ulcer.

Information you should be aware of before having this test carried out.

- TAKE NO ANTIBIOTICS FOR 4 WEEKS BEFORE TEST**
- TAKE NO ULCER HEALING DRUGS FOR 2 WEEKS BEFORE TEST**

Names of Ulcer Healing Drugs	
Esomeprazole	Nexium
Lansoprazole	Zoton
Omeprazole	Losec
Pantoprazole	Protium
Rabeprazole Sodium	Pariet
Ranitidine	Zantac

- If your heartburn symptoms get worse during these two weeks you can use over the counter antacids such as Gaviscon or Peptac. Please ask your Pharmacist for advice.
- You will need to fast for a minimum of 8 hours prior to test
- Bring the test kit and at least 200ml of PURE ORANGE with you to your appointment with the Practice Nurse.
- The test will take approximately 30 minutes.
- Telephone the surgery for your test results in 10 days.